



## Home Link Activity for Understanding Learning Styles

NAME \_\_\_\_\_

CLASS PERIOD \_\_\_\_\_

Directions: As you do your homework tonight from any of your classes, use your best learning style with its practical suggestions for learning to complete your assignment or to study. For example, you had to study for a history test and your best learning style is visual. To learn the information for the test you could use the suggestions to use colored highlighters while reviewing your notes, study the maps or charts in the textbook, and visualize in your mind the events from the chapter.

Below write a paragraph describing what you did to use your best learning style with its practical suggestions to complete your assignment or to study for a test or quiz.

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## PRACTICAL LEARNING SUGGESTIONS FOR THE LEARNING STYLES

Learning Styles	Best Ways to Learn	Practical Suggestions
<b>Verbal/Linguistic</b> 	Reading Saying Hearing Seeing words	Take notes Read notes or text out loud Skim through reading first Study out loud with partner Use a tape recorder
<b>Mathematical/Logical</b> 	Making categories Classifying Working with patterns Figuring with numbers	Use lists to study from Arrange notes in patterns Assign numbers to information Take notes in outline form Use math formulas to problem solve (ratio, geometry, etc.)
<b>Visual/Spatial</b> 	Visualizing Using colors & pictures Seeing things in your mind	Study or make charts, graphs, pictures Use highlighters (notes) Use webbing to take notes Close eyes and visualize mental images in mind
<b>Bodily/Kinesthetic</b> 	Touching Moving Hands on learning Interacting with objects Doing something physical while learning	Choose projects that let you build, create, shape with hands Use objects to help you remember people, places, things Volunteer/participate in class
<b>Musical/Rhythmic</b> 	Rhythmically Musically Making up melodies	Create musical jingles to aid memorization Study for test etc. with quiet music in background Rhythmically read notes out loud
<b>Interpersonal</b> 	Sharing Comparing Relating Cooperating with others Interviewing	Study with a focused partner Ask frequent questions of others to gain information Participate in class discussions Discuss ideas with others
<b>Intrapersonal</b> 	Working alone in own space Self-pacing instruction Reflecting	Organize your study place and time Take time to think about the things you are learning Research ideas in depth